The Lord has a lot to say on the subject of worry and anxiety, and the overarching theme of His teachings on this is, "Do Not," Luke 12:22; 29; 32. Believing in Jesus and following Him is not just about heavenly peace in the by and by, but it is also peace and joy in the here and now. Worry can be categorized into two realms, the material side and a spiritual side, material needs or spiritual needs. Jesus takes these both head on, "Material," Luke 12:30, "Spiritual," Luke 12:32, that should settle all the issues. God is providing for you materially and immaterially; worry is completely unnecessary!

## 1. Why do we worry?

✓ Worry is the result of two things, we worry because of ignorance, and we worry because of unbelief. Many people worry not because they don't believe God, they just don't know Him and His promises. The greatest deception and scam on the planet is teaching something that isn't true about God or to teach a diminished view of God. This robs people of so much blessing and so much peace. So, it's possible to worry your way through life as a believer because of ignorance of who God really is. It is also possible to know who God is and worry anyway because of distrust which is a very serious sin.

## 2. Why should we not worry?

- 1) Worry is a failure to understand the purpose of God Luke 12:22-23.
  - ✓ We have to have to have material things to live, but that is not the reason why God created us. God gave you physical existence not just so that you could clothe and feed yourself, you have a much higher purpose. Our purpose is to bring Him glory, honor Him, bring attention to Him, proclaim the gospel, live Christ-like lives. Food, clothes, houses, money are simply what we need to fulfill that God given priority, of course He's going to provide those lesser things.
- 2) Worry is a failure to understand the provision of God Luke 12:24.
  - ✓ A bird has very little spiritual value; they exist to show God's creative power and tremendous love of beauty and design, but that's a very small things compared to all that God is. He provides for things with no greater purpose than exist as a part of His creation, and we have far greater purpose than that.
- 3) Worry is a failure to understand the prerogative of God Luke 12:25-26.
  - ✓ This is not talking about your height, its talking about your lifespan. If you worry every day for eighty years, you couldn't add even 18 inches to your lifespan, why do it then? Your life is not yours to extend or shorten, those things are God's prerogative. Worry makes no contribution to that. It can detract from our joy and peace and disable us that way, but it cannot add to it. God has a purpose for you, and you are going to exit this life when God says so and not until then, and you cannot add anything to that.
- 4) Worry is a failure to understand your value to God Luke 12:27.
  - ✓ When was the last time you looked carefully at petal of a flower? The texture, the color, the design, the form, it is staggering. One of the wealthiest and best dressed men who ever lived was never dressed so well. What's the purpose of flower compared to the purpose of a child of God? If God does this for something of so comparatively little purpose and short lifespan, you're going to be just fine!
- "Oh, men of little faith," this is the issue, fear, worry, and anxiety are a lack of faith. What is there not to trust? His knowledge? Wisdom? Compassion? Power? Care? Do you think the devil is stronger than God?